

# BRUNCH MENU

## THE BREAKFAST CLUB

two farm fresh eggs, organic roasted sweet potatoes, **Mama's** special breakfast schmear & your choice of protein & cheese, served as a panini or a wrap (available gluten-free) \$8.99

### CHOOSE 1 PROTEIN & CHEESE

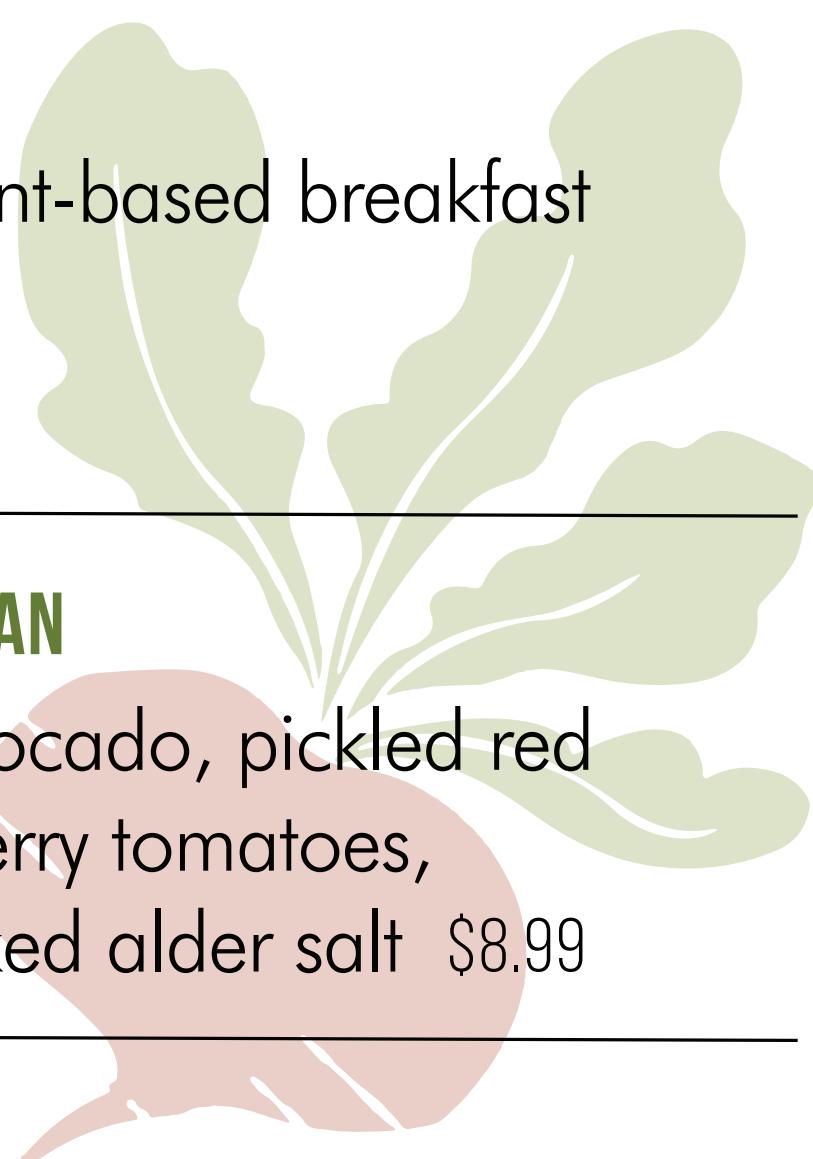
turkey · ham · bacon · plant-based sausage (vegan)

swiss · cheddar

## BISCUITS & GRAVY VEGAN

made from scratch biscuits with plant-based breakfast sausage gravy (contains oat & coconut milk)

WHOLE ORDER \$9.99 · HALF ORDER \$5.99



## GLOW-UP AVOCADO TOAST VEGAN

toasted sourdough, topped with avocado, pickled red onions, roasted tomato spread, cherry tomatoes, microgreens, & sprinkled with smoked alder salt \$8.99

## BREAKFAST BURRITO

**VEGAN** warm black beans, roasted potatoes, onions, peppers, & vegan sausage \$8.99

**SAUSAGE** eggs, roasted potatoes, breakfast sausage & cheddar cheese \$8.99

**CHECK OUT OUR FRESHLY MADE QUICHE & BREAKFAST ITEMS IN OUR DELI CASE!**

If you have a special dietary requirement please inform a member of our staff before you place your order.

# SIGNATURE Lattes

16oz \$5.49 (available hot or iced)

## TORTOISE SHELL

dark chocolate, caramel

## TIGER BEAT

chai, espresso

## PURPLE REIGN

white chocolate, lavender

## STRAWBERRY CRUSH

white chocolate, strawberry

## EXTRAS + \$0.75

**FLAVORS** blueberry, caramel, chocolate, hazelnut, lavender, strawberry, vanilla, white chocolate

**MILK ALTERNATIVES** almond milk, coconut milk, oat milk, soy milk

# COFFEE & TEA

16 oz

HOT DRIP COFFEE	\$2.79
ICED COLD BREW COFFEE	\$3.99
AMERICANO	\$3.49
LATTE	\$4.49
<b>MJ's BULLET COFFEE</b> coffee of the day, MCT oil, organic ghee	\$4.99
CHAI LATTE	\$4.49
MATCHA TEA LATTE	\$4.49
HOT TEA ask for available flavors	\$2.49
HONEY LEMON GINGER TEA	\$4.49
FRESH BREWED ICED TEA	\$2.49
SPRING BRANCH KOMBUCHA ask for available flavors	\$3.99

# Smoothies

16oz \$7.99

## BRAINIAC

coconut water, blueberries, strawberries, banana, flaxseed oil and spinach

## AMBROSIA WAVE

apple juice, strawberries, mango, pineapples and banana

## RAWKSTAR

almond milk, spinach, mango, cinnamon, almond butter and honey

## BERRY BLUE

apple juice, strawberries, blueberries, raspberries and Himalayan sea salt.

## NEW MOON

almond milk, almond butter, banana, askinosie chocolate bar, cacao powder, maca, cinnamon and honey

## THE BASICS

almond milk, strawberries, banana and honey

## POWERHOUSE

almond milk, over 20g of whey protein, banana, vanilla and honey

## WOAH BLACKBERRY **KETO** \$8.99

almond milk, avocado, almond butter, Ancient Nutrition Keto Vanilla Protein, blackberries and sea salt

## GREEN RETREAT \$8.99

coconut water, spinach, spirulina, pineapple, avocado, honey and Himalayan sea salt

## THE ROYAL TREATMENT \$9.99

coconut water, spirulina, maca, cacao, bee pollen, flaxseed oil, banana, mango, pineapple, blueberries, strawberries, honey, Himalayan sea salt and cinnamon

## IT TAKES A VILLAGE \$8.99

almond milk, banana, blueberry, lavender, honey

\$1 of every purchase goes to build a home for Eden Village!  
#NoOneSleepsOutside

# ORGANIC GINGER SHOTS

## CLASSIC GINGER

with or without cayenne \$2.99

## ENERGY SHOT

ginger, maca, green tea, cayenne \$3.99

## SUNRISE SHOT

ginger, local Spring Branch kombucha \$3.99

## POWER SHOT

ginger, chlorophyll, spirulina \$3.99

## COLD & FLU SHOT

ginger, turmeric, olive leaf, oregano oil, cayenne \$3.99

## BEVERAGE BOOSTERS + \$0.75

bee pollen • cacao powder • chia seeds • chlorophyll • echinacea  
green tea extract • liquid B-12 • maca • olive leaf • oregano oil  
spirulina • turmeric • flaxseed oil

### + PROTEIN \$1.99

over 20g of whey or raw plant-based protein

### + AVOCADO \$1.99

for enhanced mental clarity and extra smoothie creaminess

Ask about our great Brunch Cocktails!